

Recital 2026 Warm Up Classes

**Dress Rehearsal Warm Ups
Saturday, May 9th**

**10:30am-11:30am
Trainees/PP 2/3/4 Studio A (Susan)
PP 1/Ballet 7As Studio C (Amy)**

**12:00pm-12:45pm
5A/Bs and 6A/Bs Studio A (Sonia)**

If any of the above dancers are children's division recital leaders and are called to the stage prior to your warm up to perform as the class leader you will need to warm yourself up prior. If you are done dancing with your children's division class and can make it to your level warm up you will be expected to be there for class.

At the McCoy in the Mershad Hall (Big brown room)

12:00-12:30pm Ballet Tech A Warm Up (Jimmy) get into BT Jazz after warm up to be on stage by 12:50pm

2:15-2:45pm Ballet Tech B and Teen Ballet Warm Up (Ana) get into costume after warm up to be on stage by 3:10pm

Thursday, May 14th

2:00-2:45pm Trainees in the McCoy dance room (Amy)

3:45-4:15pm PPs plus Ayana and Cameron in the Mershad (Susan)

4:45-5:15pm 6A/Bs in Mershad (Bethany)

5:30-6:00pm 7As in Mershad (Sonia)

6:00-6:30pm 5A/Bs in Mershad (Sarah)

Mershad will not have barres so dancers will need to grab one of the black chairs that will be stacked up along the walls .

Friday, May 15th

5:15-6:15pm Studio A at NABC Trainees and PP 4s (Sonia)

5:15-6:15pm Studio C at NABC PP 1/2/ 3 and senior piece dancers (Amy)

5:30-6:00pm Studio E at NABC Ballet 5A/Bs (Sarah)

Saturday, May 16th (This serves as a warm up for the 11am and the 1:30pm shows)

9-10am Studio A at NABC Trainees and PP 2/3/4 (Amy)

9-10am Studio C Ballet 5A/B and 6A/Bs (Sonia)

9-10am Studio E at NABC PP 1 (Jimmy)

9:30-10am OC location Ballet tech B and Teen Ballet (Ana)

Keep in mind this is founder's day so the roads will close for the parade

This serves as a warm up for the 4pm and the 7pm shows

2:30-3:00pm 7A and any senior that has not warmed up/performed earlier in the day: at the Off Campus location (Sonia)

Sunday, May 17th (This serves as the warm up for the 12pm show)

10:30-11:15am Studio A at NABC Trainee/PP 4/ All senior dancers (Susan)

10:30-11:15am Studio C at NABC PP 1/7A (Amy)

This serves as the warm up for the 3pm and 6pm shows: if anyone is coming to watch the 12pm show it will be finished by 1:30pm and you can make it over to the OC for warm up in plenty of time.

1:45-2:15pm at the off campus location Ballet tech A and PP 2/3 (Sonia)